

## ULTIMATE CANADA (“UC”) PARTICIPATION AGREEMENT

**By signing this document you will waive certain legal rights, PLEASE READ CAREFULLY.**

**IN CONSIDERATION** of allowing my minor child/ward to participate in the programs, activities and events of Ultimate Canada (“UC”) **I ASSURE TO YOU THAT:**

1. I am the parent/guardian of the participant having full legal responsibility for decisions regarding the participant.
2. I believe that my minor/ward is physically, emotionally and mentally able to participate in the programs, activities and events of UC.
3. I hereby acknowledge that I am aware of the risks and hazards associated with or related to the programs, activities and events of UC. The risks and hazards include, but are not limited to injuries from:
  - a. Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
  - b. Executing strenuous and demanding physical techniques;
  - c. Exerting and stretching various muscle groups;
  - d. Dry land training including weights, running and jumping, dance and massage;
  - e. Falling due to wet, uneven or irregular terrain or surfaces;
  - f. Falling or colliding with the walls, fences, stands, equipment, the ground, or with other participants;
  - g. Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - h. Extreme weather conditions which may result in heatstroke, sunstroke or hypothermia;
  - i. Contact, colliding, falling or being struck by other participants, the ground, spectators or equipment;
  - j. Spinal cord injuries which may render me permanently paralyzed;
  - k. Travel to and from competitive events and associated non-competitive events.
4. Furthermore, I am aware that:
  - a. Injuries sustained to my child/ward can be severe;
  - b. My child/ward may experience anxiety while challenging himself/herself during the activities, events and programs;
  - c. My child/ward may come into close contact with other participants, including the possibility of accidental and unexpected contact;
  - d. My child/ward’s risk of injury is reduced if he/she follows all rules established for participation; and
  - e. My child/ward’s risk of injury increases as he/she becomes fatigued.

**I UNDERSTAND AND AGREE**, on behalf of myself, my heirs, assigns, personal representatives and next of kin that my signing of this document constitutes that:

5. I am registering my child/ward willingly and my child/ward is participating voluntarily in these activities, events and programs.
6. I agree that there are risks as described above and my child/ward will be exposed to these risks and hazards.
7. I agree to **accept all these risks and hazards** and be responsible for any injury or other loss which my minor child/ward might receive while participating in these events, activities and programs.
8. If something happens to my child/ward, I release, waive and forever discharge UC from responsibility and liability for any claims, demands, actions, damages and costs which might arise out of my child/ward’s participation. I understand UC to mean: UC and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, referees, participants, agents, owners/operators of facilities, and representatives.
9. I hereby give permission to Ultimate Canada to copyright and/or publish any and all photographs, videotapes, audio recordings, and/or digital media in which I appear while attending any Ultimate Canada event or program. I also grant Ultimate Canada permission to transfer, use or cause to be used, these photographs, videotapes, audio recordings and/or digital media for promotional materials, publications, marketing materials, and advertising without limitation or reservation. I understand that there will be no compensation or remuneration.

### ACKNOWLEDGEMENT

I acknowledge that I am the parent or legal guardian of the athlete being registered, that I have read and agree to be bound by all the terms of this Participation and Legal Agreement, and sign it freely and voluntarily without any inducement.

\_\_\_\_\_  
Name of Participant (please print)

\_\_\_\_\_  
Age

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Name of Parent or Guardian (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Name of Witness (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date Signed